



National Curriculum Coverage – PSHE

**KS1**

PSHE Association Programme of Study	Topic(s) that cover this statement:	Year/Term taught:
<b>Core Theme 1: Health and Wellbeing</b> <ul style="list-style-type: none"><li>• <i>Healthy Lifestyles</i></li><li>• <i>Mental Health</i></li><li>• <i>Ourselves, Growing and Changing</i></li><li>• <i>Keeping safe</i></li></ul>	Being Me in My World Healthy Me! Changing Me	Autumn 1 Spring 2 Summer 2
<b>Core Theme 2: Relationships</b> <ul style="list-style-type: none"><li>• <i>Families and safe positive relationships</i></li><li>• <i>Friendships</i></li><li>• <i>Managing hurtful behaviour</i></li><li>• <i>Respecting self and others</i></li></ul>	Celebrating difference Relationships	Autumn 2 Summer 1
<b>Core Theme 3: Living in the Wider World</b> <ul style="list-style-type: none"><li>• <i>Shared responsibility</i></li><li>• <i>Media Literacy and digital diligence</i></li><li>• <i>Aspirations, Work and Career</i></li></ul>	Being Me in my World Dreams and Goals	Autumn 1 Spring 1

**KS2**

PSHE Association Programme of Study	Topic(s) that cover this statement:	Year/Term taught:
<b>Core Theme 1: Health and Wellbeing</b> <ul style="list-style-type: none"><li>• <i>Healthy Lifestyles</i></li><li>• <i>Mental Health</i></li><li>• <i>Ourselves, Growing and Changing</i></li><li>• <i>Keeping safe</i></li></ul>	Healthy Me! Relationships (Online/Technology safety) Changing Me!	Spring 2 Summer 1 Summer 2

<b>Core Theme 2: Relationships</b> <ul style="list-style-type: none"> <li><i>Families and safe positive relationships</i></li> <li><i>Friendships</i></li> <li><i>Managing hurtful behaviour</i></li> <li><i>Respecting self and others</i></li> </ul>	Celebrating Difference Healthy Me! (Taking personal responsibility) Relationships Changing Me! (Respecting self and others)	Autumn 2 Spring 2 Summer 1 Summer 2
<b>Core Theme 3: Living in the Wider World</b> <ul style="list-style-type: none"> <li><i>Shared responsibility</i></li> <li><i>Media Literacy and digital diligence</i></li> <li><i>Aspirations, Work and Career</i></li> </ul>	Being Me in My World! Celebrating Difference (Material wealth and happiness) Dreams and Goals	Autumn 1 Autumn 2 Spring 1