

WEEK 1
Spring/Summer 2026
13/04/26, 04/05/26, 25/05/26,
15/06/26, 06/07/26, 27/07/26,
17/08/26, 07/09/26, 28/09/26,
19/10/26

LUNCHTIME

Allergy Free World Menu Spring/Summer 2026

ALLERGY FREE
PRIMARY
WORLD



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Tomato and Basil
Chicken with Rice
and Vegetable Sticks

Chinese Chicken,
Rice, Broccoli
and Sweetcorn

Roast Chicken,
Skin on Roasties, Gravy
with Carrots and Peas

Mild Chili con carne
with Rice
and Mixed Greens

Cauliflower Wings with
Chips, Baked Beans
and Peas



Mixed Bean Chilli
with Wedges
and Vegetable Sticks

Chinese Veggie Stir Fry
with Rice, Broccoli
and Sweetcorn

Roast Vegetable Hot Pot,
Skin on Roasties, Gravy,
Carrots and Peas

Vegetable Bean
Chilli with Rice
and Mixed Greens

Veggie Bean Patty
with Chips, Baked Beans
and Peas



Crispy Skin Jacket Potato
with Baked Beans



Chocolate
Orange Cookie

Strawberry Jelly

Peach Muffin

Chocolate
Shortbread

Banana Bread



TOPPED SPAGHETTI
WITH HOMEMADE
TOMATO SAUCE

FOOD FESTIVAL

By Aspens

WEEK 2

Spring/Summer 2026

20/04/26, 11/05/26, 01/06/26,
22/06/26, 13/07/26, 03/08/26,
24/08/26, 14/09/26, 05/10/26

LUNCHTIME

Allergy Free World Menu Spring/Summer 2026

ALLERGY FREE
PRIMARY
WORLD



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Loaded Cajun Beef & Corn Potato Wedges and Vegetable Sticks

Chicken and Veg Masala Curry with Rice, Green Beans and Sweetcorn

Roast Chicken,, Skin on Roasties, Gravy with Carrots and Cabbage

Mexican Chicken with Paprika Rice and Mixed Salad

Cauliflower Wings with Chips, Peas and Baked Beans



Green Veg & Butter Bean Stew with Wedges and Vegetable Sticks

Sweet Potato & Chickpea Balti with Rice, Green Beans and Sweetcorn

Tomato & Bean Layer Bake, Skin on Roasties, Gravy, Carrots and Cabbage

Mexican Veggie Stew with Paprika Rice and Mixed Salad

Veggie Bean patty with Chips, Peas and Baked Beans



Crispy Skin Jacket Potato with Baked Beans



Lemon Cookie

Orange Jelly

Apple Muffins

Peach Crumble

Brownie



TOPPED SPAGHETTI WITH HOMEMADE TOMATO SAUCE

FOOD FESTIVAL

By Aspens

WEEK 3

Spring/Summer 2026

27/04/26, 18/05/26, 08/06/26,
29/06/26, 20/07/26, 10/08/26,
31/08/26, 21/09/26, 12/10/26

LUNCHTIME

Allergy Free World Menu Spring/Summer 2026

ALLERGY FREE
PRIMARY
WORLD



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Loaded Cajun Beef & Corn Potato Wedges and Vegetable Sticks

Swedish Meatballs with Mash, Sweetcorn and Cabbage

Roast Chicken, Skin on Roasties with Gravy, Carrots and Green Beans

Jerk Chicken with Rice and Mixed Greens

Cauliflower Wings with Chips, Peas and Baked Beans



Sweet Potato Wedges with Sweet Chilli Roasted Veggies and Vegetable Sticks

Vegetable Ratatouille with Mash, Sweetcorn and Cabbage

Roast Vegetable Hot Pot, Skin on Roasties, Gravy and Roasted Roots

Sweet Potato Coconut Bean Stew with Rice and Mixed Greens

Veggie Bean Patty with Chips, Peas and Baked Beans



Crispy Skin Jacket Potato with Baked Beans



Shortbread

Raspberry Jelly

Pear Spiced Muffin

Fruit Salad

Coco Cookies



TOPPED SPAGHETTI WITH HOMEMADE TOMATO SAUCE