



‘Live, love and learn in a caring Christian community’

Relationships, Health and Sex Education
Long Term Plan – Year 6

Year Group: 6

(Resources in **green** will be the main resources used, and can then be supplemented by the resources in **black**).

Term	CES Curriculum	Coverage / Notes / Resources
Autumn Term (Theme 1 – Created and Loved by God)	2.1.1.1 Respectful of their own bodies, character and giftedness	Jigsaw – Changing Me (all lessons within the unit cover this theme).
	2.1.2.6. Sacraments often coincide with different natural stages in life, for example Baptism often occurs near birth for Catholics	R.E. – ‘To the Ends of the Earth’
	2.1.3.8. How to make informed choices that have an impact on their health	Kapow / Science – Animals including Humans (Circulation and Health)
	2.1.4.5. That some behaviour is unacceptable, unhealthy or risky	Kapow/ Science – Animals including Humans (Circulation and Health)
	2.1.4.6. Strategies to build resilience in order to identify and resist unacceptable pressure from a variety of sources	Prayer and Liturgy Session – Resilience Theme.
	2.1.5.4. How human life is conceived in the womb, including the language of sperm and ova	Life to the Full (Ten for Ten): - Making Babies (part 1) - Making Babies (part 2) To be taught in Summer 2.

Spring Term (Theme 2)	2.2.1.1. Compassionate, able to empathise with the suffering of others and the generosity to help others in trouble. 2.2.1.6. Honest, committed to living truthfully and with integrity 2.2.2.4 The sacrament of marriage involves commitment and self-giving. It is a formal, lifelong commitment 2.2.3.3. Marriage represents a formal and legally recognised commitment 2.2.3.4. For the Church, marriage has a special significance as one of the sacraments. 2.2.3.7. An awareness of bullying (including cyber-bullying) and how to respond. 2.2.3.8. About harassment and exploitation in relationships including physical, emotional and sexual abuse and how to respond.	Rooted in Love (CST) – Dignity of Workers Option for the Poor Life to the Full (Ten for Ten): Religious Understanding – Session 1 Prayer and Liturgy Session – Honesty Theme. R.E. – ‘To the Ends of the Earth’ R.E. – ‘To the Ends of the Earth’ R.E. – ‘To the Ends of the Earth’ Life to the Full (Ten for Ten): Life Online – Session 2 Cyber Safety Week JIGSAW – Relationships: Lesson 6 JIGSAW – Celebrating Difference: Lesson 4-6 Life to the Full (Ten for Ten): Keeping Safe – Session 1 Life to the Full (Ten for Ten): Personal Relationships – Session 2 NSPCC Assembly JIGSAW – Relationships: Lesson 4
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	2.2.3.10. About changes that can happen in life, e.g. loss, separation, divorce and bereavement and the emotions that can accompany these.	Life to the Full (Ten for Ten): Life Cycles – Session 4
	2.2.4.1. To recognise their increasing independence brings increased responsibility to keep themselves and others safe.	JIGSAW- Healthy Me: Lesson 1 JIGSAW – Relationships: Lesson 6
	2.2.4.2. How to use technology safely.	JIGSAW – Relationships: Lesson 6
	2.2.4.3. That not all images, language and behaviour are acceptable.	JIGSAW – Relationships: Lesson 5
	2.2.4.5. Importance of seeing and giving permission in relationships.	JIGSAW – Relationships: Lesson 4
	2.2.4.6. That there are a number of different people and organisations they can go for help in different situations and how to contact them.	NSPCC Assembly Assemblies – ACJ and LMc
	2.2.4.7. How to report and get help if they encounter inappropriate materials or messages.	NSPCC Assembly Assemblies – ACJ and LMc
	2.2.4.8. To keep asking for help until they are heard.	NSPCC Assembly Assemblies – ACJ and LMc

Summer Term (Theme 3)	2.3.1.1. Just, understanding the impact of their actions locally, nationally and globally. 2.3.1.3 . Prophetic in their ability to identify injustice and speak out against it locally, nationally and globally. 2.3.3.1. That there are some some cultural practices which are against British law and universal rights (e.g. honour-based violence and forced marriage, human trafficking etc.) 2.3.3.2. That actions such as female genital mutilation (FGM) constitute abuse, are crimes and how to get support if they have fears for themselves or their peers. 2.3.3.4. About the range of national, regional, religious and ethnic identities in the United Kingdom and beyond and the importance of living in right relationship with one another.	Life to the Full (Ten for Ten): Living in the Wider World – Session 1 Essential Writing – Advocacy Unit Life to the Full (Ten for Ten): Living in the Wider World – Session 1 https://jigsawlivescimsuk.blob.core.windows.net/umbraco-media/t3xjaekq/british-values-in-jigsaw-by-lesson-2023.pdf - How British Values are distributed in JIGSAW lessons. JIGSAW+ - Keeping Healthy and Safe – FGM and Sensitive Issues R.E. – ‘Dialogue and Encounter’
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