



‘Live, love and learn in a caring Christian community’

Relationships, Health and Sex Education
Long Term Plan

Year Group: Year Two

Term	CES Curriculum	Coverage / Notes / Resources
Autumn Term (Theme 1) Created and Loved by God	1.1.2.1 We are made by God and are special 1.1.2.2 We are all God’s children 1.1.3.2 We all have individual gifts, talents and abilities 1.1.3.4 The similarities and differences between boys and girls 1.1.3.6 What constitutes a healthy lifestyle, including physical activity, dental health and healthy eating 1.1.4.1 That we all have different likes and dislikes 1.1.4.3 A basic understanding that feelings and actions are two different things 1.1.4.4 Simple strategies for managing feelings and behaviour 1.1.4.5 That choices have consequences 1.1.5.1 That there are life stages from birth to death	RE – Creation and Covenant, CST – Care for Creation/Dignity RE – Creation and Covenant, CST – Care for Creation/Dignity Jigsaw – Dreams and Celebrations and Celebrating Differences Jigsaw – Celebrating Differences Jigsaw – Healthy Me Jigsaw – Celebrating Differences and Life to the full -Module 1 Unit 3 Session 1: Feelings, Likes and Dislikes Zones of Regulation Zones of Regulation Jigsaw – Being in my World Jigsaw – Changing Me and Life to the full - Module 1 Unit 4 Session 1: The Cycle of Life and Session 2: Beginnings and Endings and Science - Animals, including humans: Life cycles and health Lesson 1: The human life cycle
Spring Term (Theme 2) Created to love others	1.2.1.3 Respectful of others, their uniqueness, their wants and their needs 1.2.2.1. We are part of God’s family 1.2.2.3. That saying sorry is important and can help mend broken friendships	Jigsaw – Celebrating Differences Life to the full - Module 2 Unit 1 Session 1: God Loves You Life to the full - Module 2 Unit 1 Session 1: God Loves You

	1.2.2.4. Jesus cared for others 1.2.2.5. That we should love other people in the same way Jesus loves us 1.2.3.1 The characteristics of positive and negative relationships 1.2.3.2 To identify special people and what makes them special 1.2.3.3 There are different family structures and these should be respected 1.2.3.4 Families should be a place of love, security and stability 1.2.3.6 How their behaviour affects other people and that there are appropriate and inappropriate behaviours 1.2.3.8 Different types of teasing and bullying which are wrong and unacceptable 1.2.4.1. To recognise safe and unsafe situations and ways of keeping safe, including simple rules for keeping safe online 1.2.4.2 To use simple rules for resisting pressure when they feel unsafe or uncomfortable 1.2.4.3 The difference between good and bad secrets 1.2.4.4. Identifying and correctly name their “private parts” (see NSPCC resource PANTS) for the purposes of safeguarding them from sexual exploitation 1.2.4.7. That there are a number of different people and organisations they can go to for help in different situations	Life to the full - Module 2 Unit 1 Session 1: God Loves You and Jigsaw - Relationships Life to the full - Module 2 Unit 1 Session 1: God Loves You Life to the full - Module 2 Unit 1 Session 1: God Loves You Life to the full - Module 2 Unit 2 Session 2: Treat Others Well... Life to the full - Module 2 Unit 2 Session 1: Special People Jigsaw – Relationships Jigsaw – Relationships Life to the full - Module 2 Unit 2 Session 2: Treat Others Well... Life to the full - Module 2 Unit 2 Session 2: Treat Others Well... Life to the full - Module 2 Unit 3 Session 2: Rules to Help Us and E-Safety Day Life to the full - Module 2 Unit 4 Session 1: Good and Bad Secrets Jigsaw – Relationships Life to the full - Module 2 Unit 4 Session 2: Physical Contact and NSPCC talk Life to the full - Module 2 Unit 4 Session 2: Physical Contact
Summer Term (Theme 3) Created to live in communities (local, national and global)	1.3.2.1. That God is Father, Son and Holy Spirit 1.3.2.2. Some scripture illustrating the importance of living in community 1.3.2.3. Jesus’ teaching on who is my neighbour	Life to the full – Module 3 Unit 1 Session 1: Three in One CST – Community and Participation RE – Galilee to Jerusalem and Dialogue and Encounter and CST – Community and Participation and Care for Creation

	1.3.3.1. That they belong to various communities such as home, school, parish, the wider local community and the global community 1.3.3.4. About what harms and improves the world in which they live 1.3.3.5. How diseases are spread and can be controlled and the responsibilities they have for their own health and that of others e.g. washing hands	Life to the full – Module 3 Unit 2 Session 1: The Communities We Live In Life to the full – Module 3 Unit 2 Session 1: The Communities We Live In Science - Animals, including humans: Life cycles and health Lesson 5: Exercise and hygiene
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