



‘Live, love and learn in a caring Christian community’

Relationships, Health and Sex Education
Long Term Plan

Year Group:

Term	CES Curriculum	Coverage / Notes / Resources
Autumn Term (Theme 1)	1.1.2.1. We are made by God and are special 1.1.2.2. We are all God's children 1.1.1.3 Grateful to others and to God 1.1.3.2 We all have individual gifts, talents and abilities. 1.1.3.3 The names of the external parts of the body. 1.1.3.6 What constitutes a healthy lifestyle, including physical activity, dental health and healthy eating. 1.1.4.3 A basic understanding that feelings and actions are two different things. 1.1.4.4 Simple strategies for managing feelings and behaviour.	RE- Autumn Gods Creation and Covenant. CST- Care of Creation. RE- Autumn Gods Creation and Covenant. CST- Care of Creation. Tens ten Module 1 Unit 1 Session 1-Created and loved by God. Autumn - Jigsaw- Celebrating Differences and Spring- Dreams and Goals Science labelling the parts of the body. Spring term- Jigsaw PSHE Healthy me Zones of regulation. Zones of regulation. Jigsaw – Being in my World
Spring Term (Theme 2)	1.2.1.1 Friendly, able to make and keep friends. 1.2.1.2 Caring, attentive to the needs of others and generous in their responses. 1.2.2.1 We are part of God’s family. 1.2.2.3 That saying sorry is important and can help mend broken friendships. 1.2.2.5 That we should love other people in the same way Jesus loves us. 1.2.3.5 The importance of spending time with your family.	Jigsaw- Relationships lesson 2. Life to the full-Module 2 Unit 2 Treat others well. Life to the full - Module 2 Unit 1 Session 1: God Loves You Life to the full- Module 2 Unit 2 Session 3-Say sorry. CST- Dignity Rooted for Love. Jigsaw-Relationships.

	1.2.3.7 To recognise when people are being unkind to them and others and how to respond. 1.2.4.5 Importance of seeking and giving permission in relationships. 1.2.4.6 Who to go to if they are worried or need help.	Life to the full- Module 2 Unit 2 Session 3-Say sorry. Life to the full- Module 2 Unit 2 Session 2- Treat others well. Life to the full - Module 2 Unit 4 Session 2: Physical Contact and NSPCC in class. Module 2 Unit 2 Session 1- Special people. Jigsaw-Relationships.
Summer Term (Theme 3)	1.3.1.1 Just and fair in their treatment of other people, locally, nationally and globally. 1.3.1.2 People who serve others, locally, nationally and globally. 1.3.1.3 Active in their commitment to bring about change. 1.3.3.2 That their behaviour has an impact on the communities to which they belong. 1.3.3.3 That people and others living things have needs and that they have responsibilities to meet them.	CST- Rooted for Love Community and participation. CST-Rooted for love Community and participation. Life to the full- Module 3, Unit 2 Session1- The community we live in. RE Links with CAFOD videos showing how they helped communities in other countries. Jigsaw- Changing me. Science- Animals, including humans: Life cycles and health.