



National Curriculum Coverage – PSHE

KS1

PSHE Association Programme of Study	Topic(s) that cover this statement:	Year/Term taught:
Core Theme 1: Health and Wellbeing • Healthy Lifestyles • Mental Health • Ourselves, Growing and Changing • Keeping safe	Being Me in My World Healthy Me! Changing Me	Autumn 1 Spring 2 Summer 2
Core Theme 2: Relationships • Families and safe positive relationships • Friendships • Managing hurtful behaviour • Respecting self and others	Celebrating difference Relationships	Autumn 2 Summer 1
Core Theme 3: Living in the Wider World • Shared responsibility • Media Literacy and digital diligence • Aspirations, Work and Career	Being Me in my World Dreams and Goals	Autumn 1 Spring 1

KS2

PSHE Association Programme of Study	Topic(s) that cover this statement:	Year/Term taught:
Core Theme 1: Health and Wellbeing • Healthy Lifestyles • Mental Health • Ourselves, Growing and Changing • Keeping safe	Healthy Me! Relationships (Online/Technology safety) Changing Me!	Spring 2 Summer 1 Summer 2
Core Theme 2: Relationships • Families and safe positive relationships • Friendships • Managing hurtful behaviour • Respecting self and others	Celebrating Difference Healthy Me! (Taking personal responsibility) Relationships Changing Me! (Respecting self and others)	Autumn 2 Spring 2 Summer 1 Summer 2
Core Theme 3: Living in the Wider World • Shared responsibility • Media Literacy and digital diligence • Aspirations, Work and Career	Being Me in My World! Celebrating Difference (Material wealth and happiness) Dreams and Goals	Autumn 1 Autumn 2 Spring 1