



'Live, love and learn in a caring Christian community'

Personal Development Programme

Year 1 Long Term Plan

	Developing the knowledge and skills to make informed choices	Flourishing as individuals	Making a positive contribution to the community
Under the Banner of our Faith:	<ul style="list-style-type: none"> - Learning from house saints as role models. - Exploration of our Mission Statement and SAINTS rules in principle and practice. 	<ul style="list-style-type: none"> - Participating in and leading worship and prayer (spiritual growth), including Masses and liturgies. - Participation in Hymn Practice – nurturing a love of singing. - Celebration of extra-curricular achievements and effort in whole-school assembly. 	<ul style="list-style-type: none"> - Staff consistently reinforce behaviour policy. - Catholic Social Teaching Principles: Care for Creation; Preferential Option for the Poor; Solidarity and Peace; Community and Participation; Dignity for Workers; and Dignity for All – assemblies, discrete lessons and charity work.
Autumn	<ul style="list-style-type: none"> - Introduce Zones of Regulation. - Elect school council representatives, STEM ambassadors, Eco-council, monitor roles. - Reinforce SAINTS rules. - Network hands (trusted adults). - CST Autumn 1 – Care for Creation. - CST Autumn 2 – Preferential Option for the Poor - PSHE – Autumn 1 - Being me in my world. - PSHE – Autumn 2 – Celebrating difference. 	<ul style="list-style-type: none"> - Elect school council representatives, STEM ambassadors, Eco-council, monitor roles. - Year One Liturgy - Cultural books. - Inspirational people. - Opportunities to learn a broad range of instruments. - Communal singing and worship. - Whole School Writing Competition. - House competitions. - Fitness workshops. - Road Safety online. 	<ul style="list-style-type: none"> - Reinforce SAINTS rules. - Sense of belonging – House saints research, mission statement. - Elect school council representatives, STEM ambassadors, Eco-council, monitor roles. - CST Autumn 1 – Care for Creation. - CST Autumn 2 – Preferential Option for the Poor - Remembrance Week. - PSHE – Autumn 2 – Celebrating difference.

	<ul style="list-style-type: none"> -Remembrance Week. -RSHE – Created and loved by God. -Movement breaks. -Daily mile. -Inspirational people. -Anti-bullying week. -Recycling week. -Opportunities to learn a broad range of instruments. -Reinforcement of online safety. -British Value focus – Democracy -House competitions. -Fitness workshops. 	<ul style="list-style-type: none"> - Boccia for SEN chn. 	<ul style="list-style-type: none"> -Opportunities to learn a broad range of instruments. -Communal singing and worship. -Recycling week. - House competitions. -Fitness workshops.
Spring	<ul style="list-style-type: none"> -CST – Spring 1 – Solidarity and Peace -CST – Spring 2 – Community and Participation -PSHE – Spring 1 – Dreams and Goals. -PSHE – Spring 2 – Healthy Me. -RSHE – Created to love others. -Safer Internet Day. -Movement breaks. -Daily mile. -Earth hour. -Women in Science Day. -Science Week. -Opportunities to learn a broad range of instruments. - British Value focus – Rule of Law 	<ul style="list-style-type: none"> -Enterprise Week. PSHE – Spring 1 – Dreams and Goals -Children’s mental health week -Science Week. -World Book Day -Cultural books. -Opportunities to learn a broad range of instruments. -Communal singing and worship. -Women in Science. -Whole School Writing Competition. -Bird watch 	<ul style="list-style-type: none"> -CST – Spring 1 – Solidarity and Peace -CST – Spring 2 – Community and Participation -Charity Week. -St Joseph’s Day -Science Week. -Earth hour. -Opportunities to learn a broad range of instruments. -Communal singing and worship.
Summer	<ul style="list-style-type: none"> -CST – Summer 1 – Dignity of Workers -CST – Summer 2 – Human Dignity -PSHE- Summer 1 – Relationships. -PSHE – Summer 2 – Changing me -RSHE – Created to live in community 	<ul style="list-style-type: none"> -School Trip -Sports day -Cultural books. -Walk to school week -Open day 	<ul style="list-style-type: none"> -CST – Summer 1 – Dignity of Workers -CST – Summer 2 – Human Dignity -RSHE – Created to live in community -Opportunities to learn a broad range of instruments.

	<ul style="list-style-type: none">-Movement breaks.-Daily mile.-Science – Plant growth-Opportunities to learn a broad range of instruments.-Reinforcement of online safety.- British Value focus – Individual Liberty	<ul style="list-style-type: none">-Opportunities to learn a broad range of instruments.-Visiting musicians.-Opportunities to preform musically to an audience.-Communal singing and worship.- Maths Week.-Whole School Writing Competition.-World Flag Day.	<ul style="list-style-type: none">-Communal singing and worship.-Participation in Earth Day activities.- Walk to school.
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